

The greatest truth is the simplest  
The greatest taste is the lightest

A sage once said  
A person who prefers quiet  
May get inspiration while watching white cloud and serene stone  
A person who prefers jollification  
May indulge in pleasure while watching graceful sing and dance  
Only if a person who truly understands  
In his heart  
There is no quiet and jollification  
There is no rise and decline  
Free to live in the indifferent world

Therefore, In the face of numerous and complicated, I believe in introspection, try my best to live up to no quiet and jollification, no rise and decline

Choosing handy pencil and paper, filling with simple and plain in your mind to depict those unimpressive objects which are often ignored, forgotten or turned a blind eye to. Don't copy others, don't repeat yourself, so that it naturally displays personality and a brand new look from your works.

In my opinion, art is equivalent to addition and subtraction, what to add and what to subtract depends on understanding, evaluation and selection of the present art by the artist himself. What is called good art is not an accessory of skills or a copy of appearance but innovation and development of your thoughts and life.

Drawing is as good as self-cultivation, using repeating and simple stroke to release, to demonstrate, to refine.

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By LIU Gang  
2013-10

## 大道至简 大味必淡

先哲曰：嗜寂者，观白云幽石而通玄；趋荣者，见清歌妙舞而忘倦。唯自得之士，无喧寂，无荣枯，无往非自适之大。

藉此，面对纷繁，我崇尚内观，尽力做到“无喧寂，无荣枯”。

选择用简便的铅笔和卡纸，用朴素和平实的心境去极尽细致的刻画那些常常被我们忽略、遗忘或视而不见的平常物件。不抄袭别人，不重复自己，作品自然也就产生了自己的性格和新的面貌。

在我看来，艺术如同加减法。加什么，减什么，取决于作者自身对当下社会、文化的看法和思考，取决于作者对当下艺术的理解、判断与选择。好的艺术不是技术的附庸和形式的拷贝，他应该是思想与生活的重新发展与创造。

绘画如同修行，无需多余的色彩，用重复、单纯的笔触去释放、去呈现、去锤炼... 大道至简，大味必淡。

刘 刚

2013年10月

## Liu Gang

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born in 1963 in Fucheng City, Hebei Province, graduated from Arts Department of East China Normal University. Professional artist.

### Exhibitions:

- 1987 Shanghai Aesthetic Education Festival (Shanghai Art Museum)
- 1988 Nanjing MAC Fine Arts Exhibition (Nanjing Military Museum)
- 1991 Shanghai University Art Exhibition
- 1992 First Shanghai Oil Painting Art Exhibition (Shanghai Artist's Gallery)
- 1993 The Second Shanghai Oil Painting Art Exhibition Shanghai Artist's Gallery)
- 2000 Oil Painting and Sculpture Six People Show (China Academy of Art)
- 2002 Art Exhibition Of The 30<sup>th</sup> Anniversary Friendship Between China and Japan (Japan)
- 2004 Fine Arts Literature 32nd volume
- 2004 The First Nominative Exhibition of Fine Arts Literature (Hubei Fine Arts Institute Gallery)
- 2006 Shanghai Youth and Midlife Artists Recommendation Exhibition (Shanghai Mingyuan Art Center)
- 2006 Songzhuang • Oil Painting (Beijing East Region Art Center)
- 2007 Chinese- Russian Artist Art Exhibition (Shanghai Oriental Pearl Tower)
- 2007 Shanghai Wind Modern Art Exhibition (Holland)
- 2007 Facing the Challenge of Future • China Modern Art Invitation Exhibition (Seoul, Korea)
- 2008 Chinese Contemporary Art Exhibition in Florence
- 2008 Fable Shanghai -2008 first back (Shanghai)  
Shanghai Contemporary Art Exhibition (Shanghai)
- 2010 FACE TO FACE——Liugang Solo Exhibition (FOR ART GALLERY)
- 2010 Art & film intertwined (FEILINI GALLERY)
- 2011 SHANGHAI ATUDIO ( German )
- 2011 FACE TO FACE of the real Context ( Shanghai For Art Gallery)
- 2011 Another Eye, China Pingyao International Photography Festival (Pingyao, China)
- 2012 Colon Contemporary Art Fair (Germany)
- 2013 Shanghai International Art Fair (Shanghai, China)

### Publication:

- 2004 Fine Arts Literature 32nd volume
- The Book of The First Nominative Exhibition of Fine Arts Literature
- Shanghai Artist Village
- The Florilegium of Shanghai Youth and Midlife Artists Recommendation Exhibition
- Élysées (Magazine)
  
- Labor Paper
- Xinmin Evening Paper
- <Symbol World of Donnsie> Special Report By Shanghai Educational TV Station

## 刘 刚

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- 1963年 出生于河北阜城，毕业于华东师大艺术系，职业艺术家。
- 1987年——上海美育节作品展。(上海美术馆)
- 1988年——南京军区美术作品展。(南京军事博物馆)
- 1991年——上海高校美术作品展。(上海华东师大图书馆)
- 1992年——上海首届油画艺术展。(上海美术家画廊)
- 1993年——93'上海油画艺术展。(上海美术家画廊)
- 2000年——油画、雕塑六人展。(中国美术学院展厅)
- 2002年——纪念日中邦交30周年艺术作品展(长崎、佐土保)
- 2003年——上海画家村双年展。(上海正大广场)
- 2004年——入编《美术文献》第32辑。
- 2004年——首届美术文献提名展。(湖北美术学院美术馆)
- 2006年——上海中青年艺术家推荐展。(上海明圆艺术中心)
- 2006年——宋庄.油画(北京东区艺术中心)
- 2007年——中俄艺术家美术作品大展(上海东方明珠)
- 2007年——上海风艺术展(荷兰)
- 2007年——面向未来的挑战—中国现代美术邀请展(韩国 汉城)
- 2008年——佛罗伦萨2008中国当代艺术展(佛罗伦萨)
- 2008年——寓言上海—2008第一回(上海)
- 2009年——上海当代艺术展(上海)
- 2010年——面对面——刘刚个展(上海 为画廊)
- 2010年——电影与艺术缠绵(上海 费里尼画廊)
- 2011年——上海工作室 (德国)
- 2011年——真实语境《面对面》——刘刚个展(上海 为画廊)
- 2011年——平遥国际摄影展——用“另一只看世界”(山西平遥)
- 2012年——科隆当代艺术展(德国)
- 2013年——上海国际艺术博览会(中国 上海)

### 出版：

《美术文献》总第32集 《首届美术文献提名展画集》 《中国油画》 《宋庄油画》 《上海画家村》 《上海中青年艺术家推荐展作品集》 《香榭丽舍》 《劳

动报》 《新民晚报》上海教育电视台拍摄并播放《东施的符号世界》等。